

FCIAC BOYS OUTDOOR RECORDS

<u>Event</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Year</u>	<u>Meet</u>
100m	Connor McCarthy	Ridgefield	10.58	2008	Open
200m	Andy Danvers	Darien	21.0h	1963	Class LL
	R. Alteri	Trumbull	21.0h	1975	
	Mike Lorick	Danbury	21.41	2007	
400m	Tyler Gleen	Trumbull	47.70	2017	FCIACs
800m	Henry Wynne	Staples	1:49.93	2013	New Englands
1500m	Henry Wynne	Staples	3:51.89	2013	Grand Prix, NY
1600m	Kevin King	Westhill	4:07.26	1981	
1 Mile	Henry Wynne	Staples	4:05.04	2013	Grand Prix, NY
3000m	Eric van der Els	McMahon	8:20.11	2016	Loucks, NY
3200m	Alex Ostberg	Darien	8:43.93	2015	Loucks, NY
5000m	Alex Ostberg	Darien	14:16.61	2014	NBON, NC
10,000m	Roy Mascolino	Staples	30:16.50	1983	Jr. Nats
2000m SC	Ramon Laboy	Danbury	6:00.98	2001	NON
3000m SC	Ramon Laboy	Danbury	9:45.21	2001	
110HH (120yds)	Kelly Myrick	McMahon	13.80	1966	
300IH	Mike Ramos	Bridgeport Central	37.58	2001	FCIAC
400IH	Mike Ramos	Central	53.54	2001	Hartford Public
4 x 100m	N. Asante, P. Moudourou, M. Baisi, D. Clarke	Danbury	42.26	2016	NBON, NC
4 x 200m	M. Andrew, J. Bartley, J. Gomez-D, D. Clarke	Danbury	1:28.40	2015	NBON, NC
4 x 400m	S. Parkinson, D Campbell, M. Going, T. Cunningham	Danbury	3:17.88	2017	New England
4 x 800m	P. Elkind, P. Nolan, W. Marsh, H. Wynne	Staples	7:42.11	2013	NBON, NC
4 x Mile	K. Sogaard, T. Hopper, A. Gilbert, W. Bordash	Ridgefield	17:28.49	2014	NBON, NC
SMR - 800m	Davis, Jenkins, Wilson, Mitchell	Stamford	1:32.61	2004	NON, NC
SMR-1000m	D. Clarke, L. Abreu J. Bartley, T. Cunningham	Danbury	1:57.38	2016	NBON, NC
SMR - 1600m	D Hoffman, Z. Mithcell, J. Heil, H. Wynne	Staples	3:27.20	2012	NBON, NC
DMR - 4000m	D. Bubniak, B. Melanophy, C. Raphael, J. Bubniak	Danbury	9:59.42	2009	NBON, NC
Pole Vault	Chris Rough	Westhill	16' 00"	2015	OPEN, CT
High Jump	Safir Scott	Greenwich	7'0.25"	2017	NBON
Long Jump	Daryl Baptiste	Danbury	23' 09"	2008	Open
	Anthony Bravo	Staples	23' 09"	2015	
Triple Jump	Ken Wright	Rippowam	48' 08"	1971	
Shot Put	Mike Serriccho	Rippowam	59' 08.5	1973	
Discus	Mark Shinner	Staples	176' 11"	1967	
Javelin	Stephen Simalchik	Danbury	212' 09"	2009	Nutmeg Games
Hammer	Robert Guider	Danbury	204' 08"	2009	Hartford Public
Decathlon	Tom Delmore	Norwalk	6705	1975	

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~ Note: The FCIAC as we know it today officially started in 1961. A team must have been a member at the time of a performance to count as a record. * Converted Time

Updated 5/19/18